

Historic, archived document

Do not assume content reflects current scientific knowledge, policies, or practices.

Food

- 1 - buy it with thought**
- 2 - cook it with care**
- 3 - use less wheat & meat**
- 4 - serve just enough**
- 5 - use what is left**
- 6 - join the League of National Safety**

WRITE OR CALL GROSVENOR HOUSE, W.I.

Don't waste it.